



FOR IMMEDIATE RELEASE

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Giving Thanks: Exploring 17th-Century Food Traditions at Mission San Luis

TALLAHASSEE — Thanksgiving weekend the public is invited to experience foodways from the 17th century at Mission San Luis. All cultures are grateful for a good harvest, and the Apalachee and Spanish residents of Mission San Luis were no exception. Join us and watch preparations for the holiday feast during *Giving Thanks* at Mission San Luis on Friday, November 27 and Saturday, November 28 from 10 A.M. to 4 P.M. The event is free.

Costumed interpreters bring the Mission's unique culinary history to life, smoking meat and fish on the barbacoa, demonstrating the use of native and European plants from the Mission's gardens and fields and getting ready for the feast. Learn how people and foods from the New and Old Worlds came together to create a unique cuisine. (Although food cooked and prepared on site cannot be sampled, a donated snack will be provided.)

Included will be:

- Interpretation and demonstration of growing, cooking, preserving, and serving food around the site.
- Tours focusing on animal husbandry, gardens, and crops.
- Nature trail walks pointing out native foods and plant uses.
- Hands-on food preparation tasks for children.

Mission San Luis is a living history site and National Historic Landmark. It was the western capital of Spanish Florida from 1656 to 1704. Today the Mission recreates this world through costumed interpreters, reconstructed buildings, exhibits and archaeological research. The site is located at 2100 West Tennessee Street in Tallahassee, FL and is open Tuesday through Sunday from 10 A.M. to 4 P.M. Admission is free until January 1, 2010. Mission San Luis is managed by the Florida Department of State's Bureau of Archaeological Research. For more information please call 850.487.3711 or visit www.missionsanluis.org.

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